The Trauma-Informed Classroom
(A Course for In-service Teachers)

Course Description: A cohort of educators will meet in a two-day summer workshop, then face-to-face one Saturday per month and through weekly online assignments. The course will explore how brains learn best, and how childhood trauma impacts learning. Teachers will develop their own goals based on their unique instructional contexts, and design and implement trauma-informed structures and interventions toward improving classroom climate and student outcomes.

Cost: $110 for 3 credits
$50 recording fee, $60 materials fee
Includes workbook and field trip to the National Ability Center’s Equine Facilitated Learning Program - subsidized tuition thanks to support from the College of Social Work and the Urban Institute for Teacher Education

Space is limited, application required (DUE May 15):

Applications available to K-12 Educators in Salt Lake, Ogden, Murray, Provo and Park City. Participants will be notified of selection by June 1.

Note: This course discusses trauma and trauma's impact on individuals, families, and communities. While this class employs components of psycho-education, it is NOT a trauma support group, nor clinical support for individual trauma, nor an appropriate place for individuals to disclose/process their own individual traumatic experiences. Teachers who are easily triggered, or who are unsure of their ability to discuss sensitive issues (e.g.: poverty, physical/sexual abuse, neglect) may find this course challenging in ways that may not be productive without additional therapeutic support for which each individual is responsible. This course is offered in partnership with the University of Utah College of Social Work and University Neighborhood Partners, under the clinical supervision of Julianne Rabb, LCSW. julianne.rabb@partners.utah.edu

Course Schedule

Summer 2018
1 credit
July 25 & 26 (2-day workshop).

Fall 2018
1 credit
Weekly online coursework.
Monthly in-person meetings: 12:00pm-3:00pm
Dates: Aug 18, Sept 22, Oct 20, Dec 1

Spring 2019
1 credit
Weekly online coursework.
Monthly in-person meetings: 12:00pm-3:00pm
Dates: Jan 12, Feb 23, Mar 16, April 13

*All locations TBD, announced in admissions letter.